Active transportation and the urban form
The 8 80 Rule
We work in cities around the world.
Streets are the largest public space in our communities.
When we design cities for cars, we get more cars.
Daily trips walking or biking and obesity rates

- Netherlands
- Sweden
- Canada
- UK
- USA

- Walk/Bike mins/day
- Obesity rate
“All these modes can play well together if they’re not forced to fight over the scraps of road left over after room is carved out for cars.”

- Janette Sadik-Khan
Change is possible.

Walking
Safe
Convenient
Comfortable
Interesting
slower speeds save lives

9/10 pedestrians survive being hit by a vehicle travelling 30kph

5/10 pedestrians survive being hit by a vehicle travelling 50kph

1/10 pedestrians survive being hit by a vehicle travelling 60kph
Driving-only transportation pattern

Walkable connected transportation network
This isn’t helping your cause.
Places to sit
Comfortable sidewalks
Good lighting
Amenities, services
Integrate modes
Softscape
Places to sit
Cycling
- Strong and fearless: 37%
- Enthusiastic and confident: 9%
- Not able or interested: 1%
- Interested but concerned: 53%
OVER 70% of Torontonians would cycle more if infrastructure were improved.

SOURCE: SHARE THE ROAD, 2014

Invest in Cycling. Reduce Street Congestion.
Open streets to people!